The Sudbury River
"A river flowing in lazy separation through a land bordered by wide green boulders. (Zimmer & Titus, 1989) The Sudbury River is best known for the wet meadows – Wayland Meadows, Sudbury Meadow- oaks, Sagamah Meadows – through which it flows. Once- prized by setters for their wild hay, the meadows are now protected as part of the Great Meadows National Wildlife Refuge and are valuable habitat for nesting, nesting, and resting for more than 220 species of birds. The Sudbury River rises from Cedar Swamp in Weston and flows northeast, tumbling over a series of old mill dams, passing through busy Framingham, winding among the Great Meadows to join the Assabet River in Concord. Upper sections of the river make interesting short explorations, while the wide lower sections offer beautiful slow paddles – with care for birding and photography. As of 2016, the Framingham Reservoirs, a former Boston water supply, are not open for boating. The second is the OARS series of recreational maps. Sites 2–22 and A-G can be found on the OARS map at www.cams.org.

SUGGESTED TRIPS
Trip 6 (5 mi) (90 min)
Three-river exploration from Lowell to Concord – An excellent opportunity to explore the Assabet, Sudbury and Concord Rivers. The historic Bridge is 0.5 miles downstream on the Concord. Upstream the Assabet rises under the shade of the historic bridges.